Santa Monica Therapeutic Transportation (TT) Fact Sheet

Who We Are

Therapeutic Transportation (TT) teams increase access and quality of mental health services to underserved groups by reducing long waiting periods for transport of individuals placed on involuntary holds, while also reducing the risk for further trauma caused by transportation via ambulance or law enforcement involving restraints. This project will also reduce stigma held by the community toward mental health clients. It will also lower anxiety associated with the transport experience by using County vehicles designed with stress-reducing features.

This is a collaborative effort between LACDMH, the City of Santa Monica, Santa Monica Fire Department, and Santa Monica Police Department.

Goals

- Provide opportunity for team to remain with client until admission is complete.
- Provide services and supports throughout the transport process.
- Minimize trauma throughout the transport process.
- Improve collaboration across systems and efficiency in connection to supportive services.
- Decrease the average number of inpatient days for clients transported by the TT team, compared to other forms of emergency transport.
- Decrease wait time and improve response times.
- Provide opportunity for team to remain with client until admission is complete.



Target Population

Los Angeles County residents experiencing psychiatric crisis are placed on non-voluntary psychiatric holds by TT. These individuals must be medically stable, non-combative/violent and cooperative with the involuntary hold process. This team will also target the families of these individuals to provide support, information, and resources.



